

March 2016

Saint Madeleine Sophie

MAIN LINE MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>29</p> <p>Chicken Parm w/ ½ oz Melted Moz Cheese on Top on a WW Bun or WG Breaded Fish & 6 Tater Tots Served w/ 2 PC's Ketchup</p> <p>These come with all the entrée choices: ½ c Cooked Green Beans ½ c Applesauce</p> <p>Choice of: Low Fat Milk or Fat Free Chocolate Milk</p>	<p>1</p> <p>Italian Dunkers (2-1 oz WW Bread Sticks w/2 oz LS Spaghetti Sauce) & 4 RF Mozzarella Sticks or Fresh Pizza</p> <p>These come with all the entrée choices: ½ c Steamed Broccoli ½ c Peaches Choice of: Low Fat Milk or Fat Free Chocolate Milk</p>	<p>2</p> <p>3 WG Chicken Tenders Served w/ ½ cup Long Grain Rice and 2 PC's Ketchup or 2 Bosco Sticks served w/ ½ c Marinara Sauce</p> <p>These come with all the entrée choices: ½ c Cooked Sweet Carrots ½ c Pears</p> <p>Choice of: Low Fat Milk or Fat Free Chocolate Milk</p>	<p>3</p> <p>WG Mini Maple Pancakes Served w/ Chicken Sausage or 18 Cuts per pan Fresh Pizza or <u>½ c Vegetables (may take 2)</u> Fresh Broccoli Steamed Corn <u>½ c Fruit (may take 2)</u> Fresh Orange Wedges 3 Varieties of Asst. Canned/Frozen Fruits</p>	<p>4</p> <p>K-5 11:30 Dismissal</p> <p>No Lunch Program</p>
<p>7</p> <p>Pre-Made Turkey Wrap 2 oz OR Turkey, 1 Leaf Romaine Lettuce, 2 Slices of Tomato, 1 oz of RF Mayo on a WG 10" wrap or WG Breaded Chicken Pattie Served on a WW Bun Served w/ 2 PC's Ketchup</p> <p>These come with all the entrée choices: ½ c Cooked Green Beans ½ c Applesauce</p> <p>Choice of: Low Fat Milk or Fat Free Chocolate Milk</p>	<p>8</p> <p>Italian Dunkers (2-1 oz WW Bread Sticks w/2 oz LS Spaghetti Sauce) & 5 RF Mozzarella Sticks or Fresh Pizza</p> <p>These come with all the entrée choices: ½ c Steamed Broccoli ½ c Peaches Choice of: Low Fat Milk or Fat Free Chocolate Milk</p>	<p>9</p> <p>WG Turkey Corn Dog w/ 2 PC's Ketchup or 5 WG Chicken Nuggets Served w/ ½ cup Long Grain Rice and 2 PC's Ketchup</p> <p>These come with all the entrée choices: ½ c Cooked Sweet Carrots ½ c Pears</p> <p>Choice of: Low Fat Milk or Fat Free Chocolate Milk</p>	<p>10</p> <p>Fresh Pizza or 4 oz Oven Roasted Chicken Served w/ ½ cup Long Grain Rice and 1 Dinner Roll</p> <p>These come with all the entrée choices: ½ c Steamed Corn ½ c Applesauce</p> <p>Choice of: Low Fat Milk or Fat Free Chocolate Milk</p>	<p>11</p> <p>No Lunch Program**</p>
<p>14</p> <p>No Lunch Program</p>	<p>15</p> <p>Italian Dunkers (2-1 oz WW Bread Sticks w/2 oz LS Spaghetti Sauce) & 5 RF Mozzarella Sticks or Fresh Pizza</p> <p>These come with all the entrée choices: ½ c Steamed Broccoli ½ c Peaches Choice of: Low Fat Milk or Fat Free Chocolate Milk</p>	<p>16</p> <p>Bosco Sticks Served w/ ½ c Spaghetti Sauce or 2 oz Ham & ½ oz Cheese Melt on a WG Bagel</p> <p>These come with all the entrée choices: ½ c Cooked Sweet Carrots ½ c Pears</p> <p>Choice of: Low Fat Milk or Fat Free Chocolate Milk</p>	<p>17</p> <p>Fresh Pizza or 2 oz Grilled Chicken Salad Served w/ WW Bread & 1 PC Dressing</p> <p>These come with all the entrée choices: ½ c Steamed Corn ½ c Applesauce</p> <p>Choice of: Low Fat Milk or Fat Free Chocolate Milk</p>	<p>18</p> <p>2 Mini Sliders Served w/ 2 PC's of Ketchup or WG Pizza Bagel</p> <p>These come with all the entrée choices: ½ c Vegetarian Beans ½ c Mixed Fruit</p> <p>Choice of: Low Fat Milk or Fat Free Chocolate Milk</p>
<p>21</p> <p>Chicken Parm w/ ½ oz Melted Moz Cheese on Top on a WW Bun or Hot WG Croissant Sandwich 2 oz Turkey & ½ oz American Cheese on a WG Croissant</p> <p>These come with all the entrée choices: ½ c Cooked Green Beans ½ c Applesauce</p> <p>Choice of: Low Fat Milk or Fat Free Chocolate Milk</p>	<p>22</p> <p>Italian Dunkers (2-1 oz WW Bread Sticks w/2 oz LS Spaghetti Sauce) & 4 RF Mozzarella Sticks or Fresh Pizza</p> <p>These come with all the entrée choices: ½ c Steamed Broccoli ½ c Peaches Choice of: Low Fat Milk or Fat Free Chocolate Milk</p>	<p>23</p> <p>K-5 11:30 Dismissal</p> <p>No Lunch Program</p>	<p>24</p> <p>School Closed</p>	<p>25</p> <p>School Closed</p>
<p>28</p> <p>EASTER MONDAY</p> <p>SCHOOL CLOSED</p>	<p>29</p> <p>Italian Dunkers (2-1 oz WW Bread Sticks w/2 oz LS Spaghetti Sauce) & 4 RF Mozzarella Sticks or Fresh Pizza</p> <p>These come with all the entrée choices: ½ c Steamed Broccoli ½ c Peaches Choice of: Low Fat Milk or Fat Free Chocolate Milk</p>	<p>30</p> <p>1 c WG Rotini Served w/ 3 oz Cheese Sauce Over Top or WG Breaded Chicken Pattie Served on a WW Bun Served w/ 2 PC's Ketchup</p> <p>These come with all the entrée choices: ½ c Cooked Sweet Carrots ½ c Pears</p> <p>Choice of: Low Fat Milk or Fat Free Chocolate Milk</p>	<p>31</p> <p>Fresh Pizza or Egg & Cheese on a WW Bun</p> <p>These come with all the entrée choices: ½ c Steamed Corn ½ c Applesauce</p> <p>Choice of: Low Fat Milk or Fat Free Chocolate Milk</p>	<p>Lunch \$3.00 Milk \$.60</p> 

WHEN PLACING A LUNCH ORDER

PLEASE CHOOSE:

ONE Entrée

White OR Chocolate Milk

Every lunch comes with fruit AND vegetable – NO CHOICE.

Guilderland CSD reserves the right to make menu substitutions without prior notice.